



SENIOR HELPERS MAINE LLC

WE CARE FOR YOU

In-Home Care Services

Compassionate care.
Right at home.

Senior Helpers Maine LLC provides trusted, compassionate care to support safety, independence, and peace of mind at home.

- ♥ Personal care: bathing, dressing, toileting, mobility
- ♥ Companionship and social support
- ♥ Medication reminders and wellness monitoring
- ♥ Meal preparation and light housekeeping
- ♥ Respite care for family caregivers
- ♥ Dementia and memory support
- ♥ Post-hospital recovery assistance
- ♥ RN home visits and nursing care
- ♥ Phlebotomy and in-home lab draws

*Care You Can Trust —
In the Comfort of Home*

OUR RN HOME VISIT PROGRAM

Skilled care in the
comfort of home.



Experienced and qualified RNs helping you manage your health concerns and communicating with your primary care office to meet your goals.

HOME HEALTH AIDE

Compassionate support
for daily living, where
comfort and dignity
come first.



LICENSED. INSURED. COMMITTED TO EXCELLENCE.

We're here to help you or your loved one live safely and independently at home.

SERVICES WE PROVIDE



Medication
Management



Assessments



Education



Blood Draws



Mobility



Wound Care



CONTACT US



ADDRESS:

Senior Helpers Maine LLC
304 Hancock Street, Suite 1G
Bangor, ME 04401



PHONE/FAX:

207-974-8229 | 207-203-4163

ACTIVITIES OF DAILY LIVING (ADL) & INSTRUMENTAL ACTIVITIES OF DAILY LIVING (IADL)

Bathing, Dressing, Grooming, Mobility & Transfers,
Light Housekeeping, Meal Preparation, Cooking,
Errands, and Accompany Patients to Appointments



SCAN QR CODE TO
VISIT OUR WEBSITE



ACCEPTED PAYER SOURCES

Senior Helpers Maine LLC proudly serves clients through a variety of payer options, including MaineCare, multiple long-term care insurance plans, and private pay.

We are also currently enrolling as a Medicare provider.



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We strive to provide our clients with holistic care, and as we continue to grow, our services are geared towards meeting all that you need to successfully maintain your confidence and independence at home.



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Bangor, ME 04401



www.seniorhelpersmaine.com

PATIENTS RIGHTS



Be treated with dignity and respect.



Participate in decisions about your care.



Receive safe, quality services.



Have your personal information kept confidential.



Refuse care or services if you choose.



Voice concerns or file a complaint without fear of retaliation.



Be informed of any changes to your care.

GRIEVANCE & COMPLAINT PROCEDURE:

- 1 Call our office mainline select option one (1) to report concerns
- 2 Contact Director of Nursing, Krystal Boswell, if further action is needed at 207-974-8229 option (3)
- 3 Acknowledgment within 1 business day
- 4 Resolution within 5–7 days
- 5 No retaliation for concerns.

WHY FAMILIES TRUST US

We are locally operated, RN-led, and dedicated to treating every senior like family. Caregivers are trained and thoroughly vetted. Families trust us because we provide reliable care, clear communication, and genuine respect always.



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IN-HOME
CARE



COMPANIONSHIP



PERSONAL
CARE



Compassionate Care ♥ Trusted Support ♥ Right at Home.